



360 Forage

soil health + plant health + animal health



African FORAGE CABBAGE

Brassica oleracea

Purpose & Fit

African Forage Cabbage is high in both Potassium and Calcium and will accumulate Sulfur over time. Frost tolerant, cold weather is known to make African forage cabbage more palatable.

Growth Pattern

African Forage Cabbage has thick leaves with wavy edges and deep, fibrous roots. Plants will produce large yellow flowers.

Climate & Soil

Grown best in colder, moist conditions, African Forage Cabbage requires at least 6 hrs. of sunlight daily.

Planting

Seed with 4" - 6" between plants and 2 ft. between rows. Thin seedlings to a spacing of 18", and keep soils moist to avoid crusting or uneven germination. Plant spring seedings up to 4 weeks before the last frost date for the region or 6 - 8 weeks before the first frost date if fall planting.

Grazing

African Forage Cabbage should be rotationally grazed.

Quick Data

Seeds/LB:
105,000 - 115,000

Optimum Growth Range:
40°F - 70°F

Seeding Depth:
0.25" Depth

Min Time To Emergence:
7 - 14 days

Planting Rate (Monoculture):
5 Lb/A - 8 Lb/A

Tons of Dry Matter an Acre:
2+

soil health+plant health+animal health